HIGH FIVE CLUB

changing lives in Africa, £5 at a time

Vulnerable Children's Feeding, Medical & Support Programme, Uganda



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Background:

Every child deserves to be loved, nurtured and given the opportunity to thrive. Yet for many vulnerable children and orphans in Uganda, life begins with enormous challenges. Through the generosity of High Five Club members and our supporters, we are helping to bring stability, dignity and hope to 38 orphaned children living at **Nakabango Space for Children's Ministry** in Uganda's Busoga region.



We are privileged to partner with **Patrick Gracious Kyakulaga**, who was himself orphaned as a child and now dedicates his life to caring for some of the most vulnerable children in his community.

Last year, with your support, we helped provide practical improvements that transformed daily life for these children. These included a poultry project that now supplies fresh eggs for the children every day, bunk beds, mattresses and blankets to replace children sleeping on the floor, and the restoration of a borehole to provide reliable access to safe, clean drinking water.

This year, thanks to your continued generosity, we have been able to do even more.



High Five Club Support:

1. **Growing Food, Growing Hope**

One of the greatest challenges faced by the orphanage is simply feeding so many children every day. Rather than providing short-term solutions alone, High Five Club seeks to support sustainable projects that help communities become

less dependent on external aid and better equipped to meet their own needs in the future.



The proverb "*Give a man a fish, and you feed him for a day; teach a man to fish, and you feed him for a lifetime*" really sums up the High Five Club's approach to development.

We seek to empower communities to uplift themselves out of poverty, rather than relying on unsustainable hand-outs.

So many ministries in Africa live hand to mouth, totally reliant on donor funding to meet all of their needs. And when a donor ceases to support, then crisis hits.

With this in mind, this year we helped the orphanage take another step towards sustainability by enabling them to rent two acres of agricultural land and providing the seeds and farming equipment needed to begin growing food for themselves.

The results have been remarkable.



During their first growing season, Gracious and the children harvested:

- **400kg of maize**, producing 380kg of maize flour after milling, enough to provide the orphanage's staple food, *posho*, for **four months**.
- **300kg of red beans**, providing a vital source of protein and feeding the children for **seven months**.
- Additional crops including sweet potatoes, cassava, tomatoes and green peppers.

For a first harvest, these results are incredibly encouraging. More importantly, they represent a significant step towards long-term food security for the children.



Building on this success, the orphanage will cultivate two acres of land again in 2027. With the experience gained this year, we hope to see even greater harvests and continued progress towards self-sufficiency.

What is truly astonishing is that the total cost to High Five Club of renting this agricultural land for one year, hiring a tractor to plough the land to get it ready for planting, seeds and basic farming equipment (wheelbarrow and gum boots!) was just **£538**, with **£350 of this generously provided through a grant from Medway Sunlight Rotary Club**. The value created from such a modest investment demonstrates how powerfully our support can transform lives when placed directly into local communities and channelled towards self-sufficiency.

2. Providing Vital Medical Care

Access to emergency healthcare remains a constant challenge for vulnerable children living in rural Uganda.

Several children at the orphanage have complex medical needs, including four living with sickle cell anaemia and one child receiving treatment for severe malnutrition caused by Kwashiorkor.

During 2026, we were able to contribute **£300 towards urgent medical costs**, including **£150 provided through the support of Medway Sunlight Rotary Club**. These funds enabled children and their carers to access medical treatment that would otherwise have been beyond their reach.

This year has also brought sorrow. We remember two precious children who sadly lost their lives. Five-year-old **Emmanuel** died following respiratory complications caused by sickle cell disease, and eight-year-old **Sarah** was tragically hit and killed by a drunk driver while walking to school.

Their loss has been deeply felt by everyone at the orphanage and they remain very much in our thoughts.

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3. Creating Income through Local Enterprise

Another exciting development this year has been the creation of a small retail clothing enterprise designed to generate a sustainable income for the orphanage.



With financial and practical support from High Five Club, Gracious launched a clothing retail enterprise at the local market. Together we helped fund the purchase and transport of 2 recycled clothing bales, display equipment including dummies and hangers, promotional shop signage and advertising, with H5C also working with Gracious to design the shop's branding.

Seeing the shop open its doors was a proud moment for everyone involved.





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Using his natural flair for fashion, Gracious has created an attractive and welcoming local enterprise that is already generating income. The profits are helping provide essentials such as soap, body oil and emergency supplies for the children, while also being reinvested to purchase additional clothing stock and support local employment.

We are delighted by the progress made so far and look forward to seeing the business continue to grow throughout 2027.

This project was made possible through a grant of **£369**, generously funded by H5C member Dennis and his **Bloke's Night Out Club**. This group of men meet regularly for friendship and fellowship and collectively raised an incredible **£1,087.50** last year for the vulnerable children and orphans supported by High Five Club in both Uganda and Malawi.

4. **Making Christmas Special**

For many children, Christmas is associated with family celebrations, gifts and special memories. Sadly, for orphaned children, those experiences can often be absent.

Thanks to the generosity of the Bloke's Night Out Club, we were able to ensure that every one of the 38 children experienced a Christmas '25 filled with joy and love.





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Funding of £319 from the Bloke's Night Out Club enabled us to provide:

- Christmas gifts for every child, including T-shirts, flip-flops and clothing.
- A special Christmas party with food rarely enjoyed by the children, including rice, meat and soft drinks.
- Games, balloons, singing and dancing.
- A day out to a local swimming pool.

The photographs and feedback we received showed children laughing, celebrating and simply enjoying being children.





Moments such as these may seem small, but they create precious memories and remind these young people that they are valued, cared for and loved.

Thank You

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In total, High Five Club invested £1,526 in supporting these children during 2026.

When we look at the harvests produced, the medical emergencies met, the enterprise created, the Christmas celebrations enjoyed and, most importantly, the smiles and security provided to 38 vulnerable children, it is clear that every pound has gone an extraordinarily long way.

None of this would have been possible without you.

Thank you for standing alongside these children, believing in their potential, and helping to build a future filled with hope, dignity and opportunity. Your support is not simply funding projects. It is changing lives.



For more information contact Cheryl@highfiveclub.co.uk